2019 Community Health Needs Assessment – Ross County
The Partners for a Healthier Ross County, Executive Summary

LIFE EXPECTANCY
Variations in life expectancy within Ross County can vary by nearly 11 years from one neighborhood to another.

U.S. 79
Ohio 77
Ross County 75

Source: 2019 County Health Ranking, Ohio Dept. of Health

LEADING CAUSES OF DEATH
Ross County (rate per 100,000)

Heart Disease 206
Cancer 196
Accidents 76
Stroke 43
Chronic Lung Disease 74
Diabetes 34

Source: 2019 County Health Ranking, Ohio Dept. of Health

TOP HEALTH OUTCOMES
From Public Survey Responses

38% Depression or Anxiety
33% Obesity/Overweight
18% Diabetes

18% Asthma
12% Cancer
5% Heart Disease

Source: Ross Co. 2019 Adult Survey

TOP HEALTH OUTCOMES
Suggested by Public Survey Responses

Drug Abuse Education for Children 65%
Suicide Prevention for Children 45%
Mental Health Education for Children 41%
Low Income Poverty 35%
Drug & Substance Abuse 22%
The Partners for a Healthier Ross County works to improve health outcomes within the county through cross-sector collaboration.

**Improvement should include:**
Health Equity Focus; Social, economic and physical improvements; Policy development; Improving health behaviors; and Increasing access to health care.

## CROSS CUTTING HEALTH FACTORS IN ROSS CO

### Live in Poverty
18%
Low income/poverty is a contributing factor to poor health behaviors and outcomes.

### Substance Abuse
- 25% Admit to tobacco/tobacco related product use
- 50% Consume alcohols
- 65% Suggest substance abuse prevention education for children

### Physical Activity and Nutrition
- 25% Do not get at least 30 minutes of physical activity a week
- 33% Admit to being overweight or obese
- 50% Eat just one or fewer servings of fruit/vegetables a day

### Access to Care
22%
Say access to care needs to improve in Ross Co.

### Housing
- 22% Have experienced unstable housing or homelessness
- 25% Struggle to pay for housing