

Self-Monitor and Practice Social Distancing



Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.



Stay home and avoid contact with others. Do not go to work or school for this 14-day period.



Follow guidance and advisories issued through local public health officials.



Avoid crowded places (such as shopping centers and movie theaters) and limit activities in public.



Keep your distance from others (about 6 feet or 2 meters).



A call center to answer questions regarding COVID-19 is open 7 days a week from 9 a.m.-8 p.m. and can be reached at **1-833-4-ASK-ODH (1-833-427-5634)**.

TAKE EVERYDAY PRECAUTIONS



WASH YOUR HANDS



DON'T TOUCH FACE



AVOID SICK PEOPLE

For more information and updates, visit: coronavirus.ohio.gov
1-833-4-ASK-ODH (1-833-427-5634)