

# COVID-19 Guidelines for Homeless

## Watch for Symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed COVID-19 cases. These symptoms may appear 2-14 days after exposure.

- Fever
- Cough
- Shortness of breath

## Seek Medical Attention

- If you develop symptoms and have been in close contact with a person who has COVID-19
- If you develop emergency warning signs for COVID-19 get medical attention immediately!

### **Warning signs include:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

## Prevent the Spread!

- Maintain 6-foot physical distance.
- Wash Your hands often with soap and water.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Don't share dishes, cups, towels, or bedding.
- Stay away from others when you are sick.
- Cover your cough or sneeze with a tissue, then throw it in the trash.
- Move your tent or shelter area 12-feet apart from those around you.



**For more information a call center to answer questions regarding COVID-19 is open 7 days a week from 9 a.m.-8 p.m. and can be reached at 1-833-4-ASK-ODH (1-833-427-5634).**