Wash Hands Often

Wash your hands
BEFORE...
• Your shift begins
• Handling food
• Putting on clean gloves

Wash your hands
AFTER...
• Using the toilet
• Handling raw foods
• Taking a break/smoking
• Coughing, sneezing, eating, drinking
• Cleaning/taking out trash
• As often as necessary to remove soil and contamination

It’s the best way to prevent spread of disease!